

# NOVEMBER

## Mental Health Team Resource Flyer

This month's edition highlights:



### World Kindness Day

Is celebrated worldwide on Nov 13, but we're celebrating all month at Lafayette!

#### A Little Bit of History

World Kindness Day was first introduced in 1998 by the World Kindness Movement. This organization was formed at a Tokyo conference in 1997 when Japan brought kindness organizations of multiple nations together and emphasized the necessity of a global kindness movement.

#### How to Participate in Your Community

- **Perform Acts of Kindness:** help a neighbor, compliment a classmate, or donate to a charity.
- **Spread Positivity:** Share positive messages on to inspire others to be kind and compassionate.
- **Volunteer:** Offer your time to volunteer for a local charity or nonprofit organization.
- **Donate:** Make a donation to a charitable cause that you believe in. [See Lafayette Gives Back link below!](#)
- **Teach Kindness:** Educate children and young people about the importance of kindness and empathy through storytelling or classroom activities.
- **Random Acts of Kindness:** Surprise someone with a random act of kindness, such as leaving an encouraging note for a friend.

#### Book Nook



These books are just a few great books for you and your student to explore together to better understand the impact kindness has on us all.



Lafayette Gives Back would appreciate your support in the form of a donation during the [Takoma Elementary Holiday Gift Drive](#)

Click here to see how you can spread some kindness through giving



No act of kindness, however small, is ever wasted ~ Aesop

In Your Community

### World Kindness Day

During dropoff on Mon, Nov 13, Postcards for Peace will be distributed by members of the Lafayette Mental Health Team & Lafayette Greeters. During the day students can draw or write on their postcard where in the world they want to send Peace and bring it to the mural area created by our very talented Ms. McLaughlin!

AT SCHOOL EVENT!!





# 23-24 Mental Health Team

## School Psychologist



**Chioma Tait, MA**  
Cognitive, Academic, & SEL Testing PK-5  
Mental Health Team Member  
Social Emotional Learning (SEL) Committee

## School Social Workers



**Marjorie Jean, LICSW**  
PK, Kindergarten and 1 students w/IEPs &  
Intellectual Learning Supports (ILS)



**Erin Ayers, LICSW**  
2nd and 3rd students w/IEPs &  
Early Learning Supports (ELS)  
Social, Emotional, Behavioral Intervention Coach  
SEL Committee Co Facilitator



**Sophia Carre', LICSW**  
4th and 5th Students w/IEPs &  
Specific Learning Supports (SLS)  
Student Behavior Health Coordinator  
MTSS Coordinator (Temporary):  
SEL Committee Co Facilitator

## School Counselors



**Jillian Diesner, Ed.S., LPC**  
PK - 1st - Peace Teacher/Tier 1 Supports  
PK - 1st - Social, Emotional Behavioral Interventionist  
PK - 1st - 504 Coordinator and Related Service Provider  
Family Engagement & Outreach



**Shakirra McKinley, MS, MHC-LP**  
2nd - 5th Social, Emotional, Behavioral Interventionist  
2nd - 5th 504 Coordinator and Related Service Provider  
2nd - 5th Tier 1 general classroom support